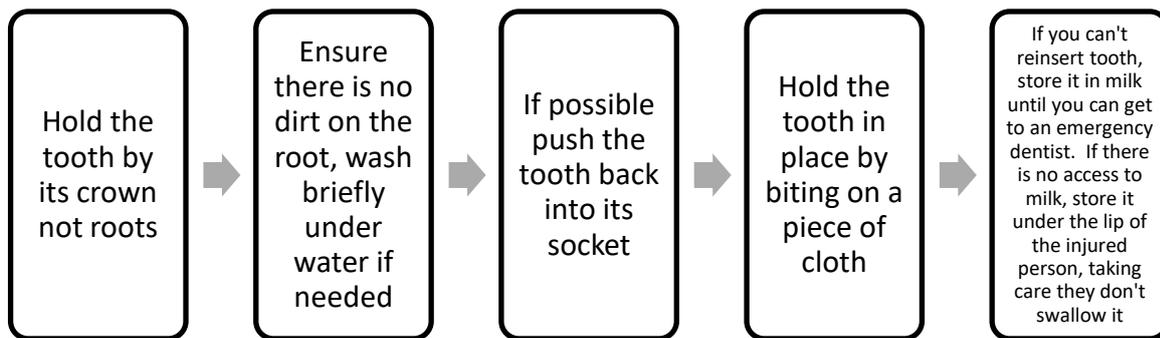


# What to do if a tooth is knocked out

Some accidents can result in teeth being completely knocked out, even with a mouth-guard in. Many teeth can be replaced after being knocked out and some will survive very well if this happens. The longer the tooth is out of its socket, the less chance it has of surviving in the long term.

## Procedure:



## Serious Dental Problems

- If the toothache is bad or the injury appears serious, get to an after-hours dentist. (If it's normally safe for you to take painkillers such as paracetamol, you can do this before you see the dentist.)

## Finding an after-hours dentist

- Dentists in your region may provide an after-hours service. Your dentist's answer phone will tell you where to go. You can also google emergency dentists who are open.
- Your doctor may be able to provide relief from pain or infection – but you'll still need to see a dentist.
- Your local hospital may provide emergency dental treatment (eg, to relieve pain) but this should be your last option. You may still have to follow up with a dentist later.
- If you have a serious injury affecting your mouth, teeth or gums, go to the **emergency department** at your hospital.
- ACC may be able to cover most of your dental costs associated with an accident.

## After Hours Medical Centres Contact Details

### Wellington After Hours and Urgent Medical Centre

17 Adelaide Road  
Mount Cook,  
Wellington  
Phone: 384 4944

### Kenepuru Accident and Medical Centre

Kenepuru Hospital  
Grounds  
Raiha Street  
Kenepuru Porirua  
Tel. 918 2300

### Hutt Valley After Hours Medical Centre

729 High Street  
Boulcott  
Lower Hutt  
Tel. 567 5345

### Accident and Emergency in Kapiti

Coastlands Shopping  
Mall  
1 Coastlands Parade  
Paraparaumu (directly  
opposite Pak n Save)  
Tel. 04 297 3000